

Workshop programme | **AACE Restrictive Intervention Programme**

End-user element		Trainer element	
Day 1	Day 2	Day 3	Day 4
Welcome and introductions	Reflections Access and use of resources	Reflections	Reflections – Programme review
Workshop approach <i>End-user, and trainer elements</i>	Analysis and practice Guiding <i>Underpinning knowledge</i>	Analysis and practice Restrictive Skills 2 <i>Clinical holding</i>	As Required
Break			
Experience Guiding <i>Underpinning knowledge</i>	Analysis and practice <i>Preparing for delivery of skills</i>	Skills practice	As Required
Experience Guiding 1 <i>Redirection and guiding</i>	Analysis and practice Guiding 1 <i>Redirection and guiding</i>	Delivery Guiding and redirection <i>Assessed deliveries</i>	As Required
Lunch			
Experience Restrictive Skills 1 <i>Reducing risks of restrictive interventions</i>	Skills practice	Delivery Guiding and redirection <i>Assessed deliveries</i>	As Required
Experience Restrictive Skills 2 <i>Clinical holding</i>	Analysis and practice Restrictive Skills 1 <i>Reducing risks of restrictive interventions</i>	Delivery Restrictive Skills <i>Assessed deliveries</i>	Course closure
Break			
Experience Restrictive Skills 2 <i>Clinical holding</i>	Skills practice	Delivery Restrictive Skills <i>Assessed deliveries</i>	
End-users' course closure <i>Questions, quiz and admin</i>	Delivery allocations <i>Assessment criteria</i> Guiding and Restrictive Skills	Feedback	